***Trinity United Methodist Church***

July 30th, 2023 ~ 10:30 a.m. ~ DIGITAL WORSHIP BULLETIN

Rev. David S. Vallelunga, Pastor; Kay Keen, Liturgist;

Minda Fernish, Pianist; Christina Wong, Zoomologist

“Vices and Virtues –

*Seven Sure Strategies to Sabotage*

*or Sanctification”* Week Four

PRELUDE

WELCOME and ANNOUNCEMENTS Pastor Dave

GREETING ONE ANOTHER IN CHRISTIAN LOVE Everyone

CALL TO WORSHIP Liturgist

Peacefully and thankfully, those are good ways to live,

**YET THEY ARE WAYS THAT ARE CHALLENGED, INTERRUPTED, AND DISCOURAGED IN OUR FALLEN WORLD.**

We gather again for renewal, restoration, and refreshment,

**TO HEAR, AND SING, AND *LIVE* THE WORDS AND WAYS**

**OF GOD! AMEN!**

HYMN # 2025  “As the Deer”

**As the deer pants for the water so my soul longs after You,
You alone are my heart's desire, and I long to worship You.
You alone are my strength, my shield,**

**to You alone may my spirit yield…
You alone are my heart's desire, and I long to worship You.

I want You more than gold or silver, only You can satisfy,
You alone are the real joy giver, and the apple of my eye.
You alone are my strength, my shield,**

**to You alone may my spirit yield…
You alone are my heart's desire, and I long to worship You.**

**You're my friend, and You're my brother,**

**even though you are a King
I love You more than any other, so much more than anything!**

**You alone are my strength, my shield,**

**to You alone may my spirit yield…
You alone are my heart's desire, and I long to worship You.**

A TIME FOR THE CHILD IN ALL OF US (10:30) Pastor Dave

OUR LORD’S PRAYER *(After the prayer, the children may go to Sunday School.)*

WE PREPARE OURSELVES TO PRAY

HYMN# 2216 “When We Are Called to Sing Your Praise”

**When we are called to sing your praise**

**with hearts so filled with pain
that we would rather sit and weep or stand up to complain,
remind us, God, you understand the burdens that we bear;
you, too, have walked the shadowed way,**

**and known our deep despair.**

*If I were you, God, I would dive into the darkest shadows of being human, into profound pain, outrageous loss, unbearable suffering, embracing all the tears and the joy I could find, and I would swim towards the Light, taking with me as much of the brokenness as I could gather. I would live in both despair and in hope. I would be found in the inspiration of a poem, the rainbow, the dew on the grass, the colors of fall, the gentle breeze, the kind word, the tender touch, the laughter of children. I would be the possibility of each new moment. I would be weakness finding strength, never lording it over others, but in every humble service, pitching my tent among the poor, learning to prefer the outsiders. I would nestle in vulnerability: risking and giving myself. That’s what I would do, o God: what you have already done in Jesus. Amen!*

**When we are called to sing your praise and cannot find our voice,
because our losses leave us now no reason to rejoice,
remind us, God, that you accept our sad laments in prayer.
you, too, have walked the shadowed way
and known our deep despair.**

*Knowledge and understanding from science, insight and vision from poetry, joy and ecstasy from music, love and warmth from relationships, laughter and mirth from humor, inner peace and spiritual fulfillment from our religion…these are just some of the tools with which we can amend the painful incursions this life includes. Thank you, God, for such blessings! Amen!*

**When we are called to sing your praise and life ahead looks grim,
still give us faith and hope enough to break forth in a hymn,
a thankful hymn, great God of Love, that you are everywhere;
you walk the shadowed way with us and keep us in your care.**

SCRIPTURES Proverbs 14:30 and Colossians 3:15-16 Liturgist

MUSICAL INSPIRATION Minda Fernish

HOMILY “Rotten Bones or Grateful Hearts?” Pastor Dave

DOXOLOGY and \*PRAYER OF CONSECRATION Liturgist

**Praise God, from whom all blessings flow,**

**praise God, all creatures here below,**

**praise God above, ye heavenly host,**

**praise Father, Son, and Holy Ghost!**

CLOSING HYMN # 2044  “My Gratitude Now Accept, O God"

**My gratitude now accept, o God, for tender care that you provide,
for your abundant faithfulness, endless is your supply…**

**From all your bounty I give to you, for all the blessings you impart,
receive this offering I bring, receive my joyful heart…**

**I bring to you all my love and praise, I glorify and bless your name,
let me adore you, Holy One,with every breath I take…**

**All that is living belongs to you, all that I am, in your hands kept,
from the abundance of your hand, gifts from the heart accept!**

BLESSING *We have gathered, O Loving God, to be restored, transformed, encouraged, and healed. Thank you for the blessings of this holy day together. Amen!*

POSTLUDE